



Child Developmental Assessment Guide



| Age | Gross Motor | Vision/Fine motor | Hearing/Speech | Personal/Social |
|-----------|---|---|--|---|
| 6 weeks | Symmetrical limb movements | Fixes and follows gaze to 90° Turns to light Grasp reflex | Cries, coos Startles to noise | Smiles |
| 3 months | Move limbs vigorously No head lag Prone: lifts upper chest up | Fixes and follows gaze to 180° Plays with own hands Holds rattle placed in hand | Quiets to parent's voice Turns to sound | Laughs and squeals |
| 6 months | Sits without support Lifts chest up on extended arms Grasps Feet Rolls front to back | Palmar grasp Transfers objects Shakes rattle | Turns to quiet sound Says vowels and syllables | Laughs and screams Not shy |
| 9 months | Can reach for toy steadily Rolls back to front Pulls to standing Stands holding on | Reaches for small objects Rolls balls Points with index finger Looks for fallen objects Releases toys | Says 'amma' 'abba' non-specifically | Chews biscuit Stranger anxiety Plays 'peek-a-boo' Understands 'no' and 'bye bye' |
| 12 months | Cruises around furniture May take a few steps unsupported | Holds pencil Casting objects Bangs cubes together | Knows name Understands simple commands Says a few words | Drinks from cup and uses spoon Finger feeds Waves 'bye-bye' Finds hidden object |
| 15 months | Board based gait Kneels Pushes wheeled toy | Sees small objects Builds tower of 2 bricks Scribbles to and fro | 2-6 words Communicates wishes and obeys commands | Uses cup and spoon |
| 18 months | Steady walk Runs Walks carrying toy Pushes pulls Creeps downstairs | Circular scribble Points to picture in book Turns pages of book | 0-20 words Feeds independently Domestic mimicry Symbolic plays alone Takes off socks and shoes | Points to named body |
| 2 years | Kicks ball Up and downstairs holding on | Builds tower of 6 bricks Copies vertical line | 2-3 word sentences Uses question words | Begins toilet training Temper tantrums |
| 3 years | Upstairs 1 foot per step down with 2 Walks on tip toe Throws ball Pedals tricycle | Builds tower of 9 bricks Builds trains and bridge with bricks if shown Copies circle | Gives first and last name Knows gender Recognized colors | Washes hands and brushes teeth Make believe play Likes hearing and telling stories |
| 4 years | Up and downstairs 1 foot per step Hops | Builds steps of bricks Copies cross Draws man | Counts to 10 or more | Able to undress |
| 5 years | Skips Catches ball Runs on toes | Copies triangle | Asks 'how' and 'when' Questions Uses grammatical speech | Able to put on clothes and to do large buttons |

SOURCE: Textbook of Pediatrics

